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LSAT PRE-TEST CHECKLIST

One and Two Mornings Prior to Test Day

- Wake up at the same time you have to wake up on test day, so you are used to waking up at that time and are alert at the start of the test on test day.

Testing Morning

- Eat a good breakfast (with a mix of carbohydrates and protein: carbohydrates digest quickly for early energy, while proteins take longer so you won't be starving as the test drags on). Do NOT eat or drink anything you are not used to. Test day is not the time to load up on coffee or eat six power bars for the first time.
- Dress in layers (you never know what temperature the test room is going to be).

Bring To the Test (in a clear, one gallon plastic bag):

- Admission ticket
- ID
- 4 Non-mechanical number 2 pencils
- Non-digital wrist watch
- Water/juice/sports drink
- Snacks
- Tissues
- Advil/Tylenol/pain reliever of choice

Do NOT Bring To the Test:

- Do NOT bring your cell phone
- Do NOT bring any books or LSAT practice materials into the testing center
- Do NOT bring ear plugs